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FEBRUARY 2023

The Saybrook Spirit

THE OFFICIAL ALUMNI NEWSLETTER
OF SAYBROOK UNIVERSITY

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How the Heart and
Brain is Connected

Heart Awareness
Month

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At Saybrook

alumni-saybrook@saybrook.edu

Saybrook
UNIVERSITY

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Saybrook Spirit - February 2023

Our Newsletter is now in a
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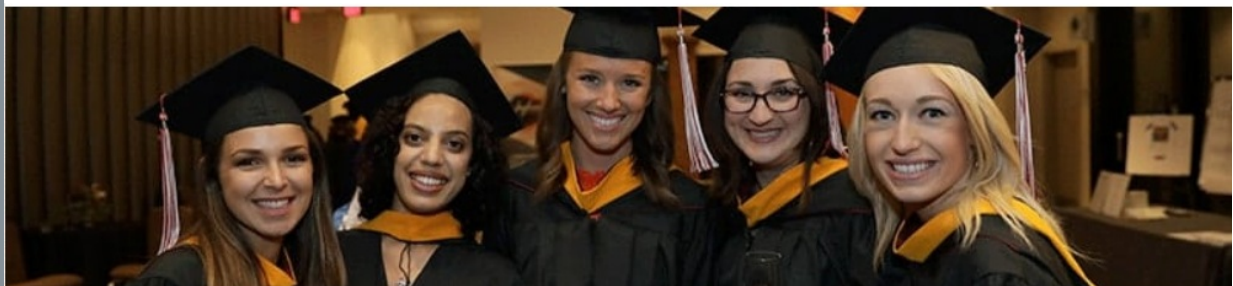
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WELCOME TO THE SAYBROOK UNIVERSITY ALUMNI RELATIONS PORTAL!

Saybrook has been "Doing the Work" Since 1971 to inspire transformational change in individuals, organizations, and communities, toward a just, humane, and sustainable world.

As graduates, you will always remain an important part of the Saybrook community. We invite you to stay informed about current happenings at Saybrook, remain connected, and share your stories of achievement with us so that we can celebrate them with you. It is our aim to provide you with rich opportunities for engagement, resources to support you as you make positive change in the world, and opportunities for you to connect with current and prospective students to encourage the next generation of change makers. We are a stronger and more vibrant community together, and we can't wait to hear from you and see you at an event sometime soon.

STAY CONNECTED & GET INVOLVED



CONTACT US

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Look for the March 2023 edition coming soon!