

APRIL 2021 ISSUE 6

# THE SAYBROOK SPIRIT

THE OFFICIAL ALUMNI NEWSLETTER OF  
SAYBROOK UNIVERSITY

## THE COMING OF A SEASON

### Celebrating the Earth

April 22nd marks the date of Earth Day, a day dedicated to remembering and rejoicing in our wonderful world. Saybrook understands the importance of sustainability and believes that we each have a duty to restore the earth.

How can you show your commitment on Earth Day? EarthDay.org offers several opportunities to those wanting to give time or resources. Volunteer, donate, pledge to vote green, advocate for climate change, plant a tree or learn some new vearth-friendly cooking recipes! However you choose to participate, be sure to email us at [alumni-saybrook@saybrook.edu](mailto:alumni-saybrook@saybrook.edu) with the story of your act of greenness. Happy Earth Day!



### IN THIS ISSUE

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Alumni Spotlight  
Co-Chairs Corner  
Past/Upcoming Events  
In Memoriam



# Alumni Spotlight



“

**DR. HAINS HAS RECEIVED  
A NUMBER OF  
EXCELLENCE IN  
TEACHING AWARDS AND  
WAS THE RECIPIENT OF  
THE EMORY COWEN  
DISSERTATION AWARD  
FROM APA**

”

## ALUMNA

### Shaun Hains, Ph.D

Dr. Shaun Hains was recently recognized by the Women's Office of the APA as a part of the Inspiring Histories, Inspiring Lives – Women of Color in Psychology. After receiving the Emory L. Cowen Dissertation Award from APA's Division 27, Society for Community Research and Action for her dissertation titled “An Emerging Voice” Dr. Hains began the process of defining Native Research and Ethics, an initial framework for the Social Sciences and Humanities Research Council of Canada's and the Canadian Institute for Health Research, “Ethical Guidelines for Research with Native Subjects”.

Currently Dr. Hains' work in Ethics and Research involves placing the voice with the Eagle Feather for the love of land, language, and learning, amongst Native American peoples and within the dialogues of Health, Education and Ethics. Recently, she completed writing about the eagles flying above schools after decades of success. The wisdom within the voice holding the eagle feather includes the understanding of acceptance of Humanistic Psychology and Grounded Theory that allows for the Native American voice within Psychology and Research.

# Co-Chairs Corner

NOMINATIONS OPEN  
APRIL 1-26, 2021



## Accepting Alumni Co-Chair Nominees

**Saybrook Alumni Council is seeking 4 new co-chairs to serve 2 year terms starting May 2021.**

We are seeking nominations from throughout the Saybrook community to represent the full spectrum of the university. Nominations (self or other) are open April 1-26, 2021.

### **General responsibilities include:**

- Monthly Alumni Council meetings,
- Annual University meetings,
- Alumni Scholarship campaigns
- Special Projects and specific areas of work.

For more information, contact University Relations

[alumni-saybrook@saybrook.edu](mailto:alumni-saybrook@saybrook.edu)

**EMAIL NOMINATION:**  
**[ALUMNI-SAYBROOK@SAYBROOK.EDU](mailto:ALUMNI-SAYBROOK@SAYBROOK.EDU)**



# WE NEED SAYBROOK VOLUNTEERS



# Volunteer

Saybrook Serves is working with organizations that need our humanistic skillsets. We are compiling a database to enable us to easily reach out to schedule volunteers. **For questions:** [saybrookservesinfo@Saybrook.edu](mailto:saybrookservesinfo@Saybrook.edu)



**CLICK HERE TO SHARE YOUR SKILLS:**  
[HTTPS://FORMS.OFFICE.COM/R/JPBPCM](https://forms.office.com/R/JPBPCM)  
KF95J

## Skills We Need:

- Yoga
- Guided meditations
- Relaxation
- Counseling
- Psychologist
- Self-massage
- Hypnosis
- Nutrition
- Self-care
- And much more...





FILM, BOOK & POETRY  
FESTIVAL

# *Calling Film Makers*

Festival Dates:

**July 19 - 24, 2021**



For Information or to **submit** a film  
**Click Here**

<https://app.groupize.com/organizations/saybrook/events/saybrook-university-film-book-and-poetry-festival>

**Now Accepting  
Film Submissions**

**March 1 - April 30**

ALUMNI, STUDENTS, FACULTY & STAFF CAN SUBMIT

Saybrook  
UNIVERSITY

UNBOUND

FILM, BOOK & POETRY  
FESTIVAL

*Authors and Poets,  
We need your submissions.*

Submission Deadline: April 30, 2021

NOW ACCEPTING  
SUBMISSIONS

FILMS,  
BOOKS  
POETRY

Festival Dates:  
July 19-24, 2021

Virtual

CLICK HERE FOR  
INFORMATION





## Women in Leadership Panel

A Candid Discussion with Dynamic Women in Leadership

March 11, 2021

3:00 - 4:30 PM (PST)

[Register Here!](#)



Dr. Rhondra Willis  
Naval Criminal Investigative  
Service (NCIS)



Dr. Karla Sapp



Sara Kanig  
NY Life Insurance



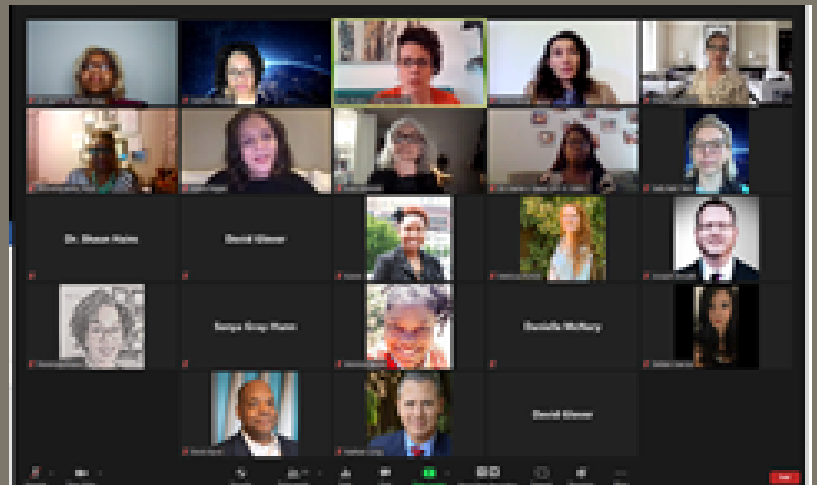
Saybrook  
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# WOMEN IN LEADERSHIP PANEL RECORDING!

If you were not able to join us live on March 11, 2021; You missed a treat! You are in luck, we recorded it.

[Click here](#) to see what you missed, enjoy!



[Click Here to View the Recording](#)

THANK YOU TO ALL THAT ATTENDED THE LIVE VERSION!



[Saybrookevents@saybrook.edu](mailto:Saybrookevents@saybrook.edu)

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since 1971.



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Did you miss this  
event?

Reserve Your  
Virtual Seat  
Here

Facilitator



WALKER LADD, PHD  
MATERNAL MENTAL HEALTH

## WOMEN IN MENTAL HEALTH PANEL

Stigma / Challenges / Solutions

MARCH 30, 2021 - 1-2:30PM (PDT)

Panelists



SHAYLA BETTS, LCSW



KELLY SERAFINI, PHD



CHARLOTTE HAMILTON, PHD



ELIZABETH MILLER, PHD

No worries, Click here  
for the Recordings. →

Thank You for Attending!

[saybrookevents@saybrook.edu](mailto:saybrookevents@saybrook.edu)

**Click Here:**

To see and hear  
what you missed!

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# Classic Grounded Theory International Virtual Conference (Micro-Credential)



You are cordially invited to attend a free Classic Grounded Theory International Virtual Conference hosted by the Institute for the Advancement of Classic Grounded Theory (IACGT) and supported by the TCS Globe Grants, the Grounded Theory Review, and the Grounded Theory Institute on April 16-18, 2021.

This year's theme supports the **United Nations' 17 Sustainable Development Goals**. The Sustainable Development Goals are the blueprint to achieve a better and more sustainable future for all. They address the global challenges we face, including poverty, inequality, climate change, environmental degradation, peace and justice.

The conference includes presentations of classic grounded theory research, many of which address the United Nations' Sustainable Development Goals. There are sessions on topics related to conducting classic grounded theory research. These sessions are applicable for novice and student researchers, academics and researchers interested in learning more about the method, and committee members serving on dissertations/thesis which use classic grounded theory. Conference participants may review posters and watch short, pre-recorded presentations by the researchers. For more information about the conference, please visit <http://classicgroundedtheory.org>.

Conference attendees have the opportunity to earn a micro-credential. The Learning Classic Grounded Theory micro-credential provides an overview of how to conduct a classic grounded theory study. Details about the micro-credential can be found on the [registration website](#). Participants interested in the micro-credential must register for both the conference and micro-credential.

Free registration is required to attend the conference. Registration for the conference and micro-credential is available on our website at <http://classicgroundedtheory.org>. Please also sign up to [join our mailing list here](#) to receive communications about this event and future ones.

Please pass this information on to anyone who may be interested in attending the conference and earning the micro-credential.

You can also follow us on Twitter: <https://twitter.com/iacgt>  
Instagram: <https://www.instagram.com/classicgroundedtheory/>  
Facebook: <https://www.facebook.com/iacgt/>  
Linked In: <https://www.linkedin.com/company/iacgt/>



**Click Here:** <https://www.buzzsprout.com/947326>

## UNBOUND<sup>®</sup> SAYBROOK INSIGHTS

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### UNBOUND: Saybrook Insights with President Nathan Long & Carmen Bowen

Nathan Long, President of Saybrook University & Carmen Bowen

















Saybrook Insights is brought to you by Saybrook University ([www.saybrook.edu](http://www.saybrook.edu)). Our podcast is designed to bring you key ideas from our faculty and community that support you, your organization, and your community with the goal of advancing

[Show More](#)



[More](#)

#### Recent Episodes

- **Doing the Work: Saybrook U's Film, Book, and Poetry Festival July 19-24 with Carmen Bowen**  
MARCH 29, 2021
- **The Saybrook U Mind-Body Wellness Fair May 5-7, 2021 with Carmen Bowen**  
MARCH 28, 2021
- **Setting the Thermostat: Leadership and Organizational Excellence with Kelly Soifer**  
MARCH 22, 2021
- **The Promise of Humanistic Psychology in Treating Addictions with Dr. Kelly Serafini**  
MARCH 19, 2021
- **Doing the Work with Dr. Devin Byrd, Saybrook Vice President for Academic Affairs**  
MARCH 15, 2021
- **Breaking Generational Curses: From the Mouths of Babes**  
MARCH 12, 2021
- **SI Faculty Spotlight: The World of Hypnosis with Dr. Eric Willmarth**  
MARCH 08, 2021
- **SI Alumni Spotlight: Story Like You Mean it with Dr. Dennis Rebelo**  
MARCH 05, 2021





# In-Memoriam

Celebrating the  
life of a  
Saybrook  
Graduate who  
has Passed.

Rest In Peace



IN MEMORIAM: SAYBROOK ALUMNUS  
RICARDO HORACIO STOCKER  
1947 - 2020



**Obituary:**

<https://www.legacy.com/obituaries/willitsnews/obituary.aspx?pid=196458856>

# Staying Connected with Saybrook...

- Click Here: [Alumni Affairs Page](#)
- Click Here: [Alumni Relations Portal](#) \*New
- [Join the Alumni Facebook Group](#)
- [LinkedIn Alumni Group](#)
- Email Us: [alumni-Saybrook@Saybrook.edu](mailto:alumni-Saybrook@Saybrook.edu)

## **The Saybrook Alumni Association** **Scholarship Fund**



PLEASE DONATE AND PAY-IT-FORWARD  
TO HELP FUTURE ALUMNI!  
CLICK HERE TO GET STARTED:  
[WWW.SAYBROOK.EDU/GIVING](http://WWW.SAYBROOK.EDU/GIVING)

Questions or comments? Contact us!  
[alumni-saybrook@saybrook.edu](mailto:alumni-saybrook@saybrook.edu)