

## Improving the Human Condition

Saybrook University's Humanistic and Clinical Psychology programs are designed for those who wish to contribute creatively to improving the human condition. Students are encouraged to explore different approaches through interdisciplinary programs that combine complementary approaches—including meditation, nutrition, energy medicine, biofeedback, and spirituality—with more traditional forms of care.

In addition, holistic wellness is being associated with the health of organizations and communities. These trends are expanding the need for psychologically-trained professionals in a variety of areas, such as teaching, community activism, organizations, clinical practice, and research.

**“My education from Saybrook comes into play in almost everything that I do.”**

—Kelly Hudson, Ph.D., Director, Precious Little Ones Child Development Academy, LLC



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**HEALING THE  
MIND, BODY,  
AND SPIRIT**

Humanistic &  
Clinical Psychology

# The Learning Model



## Interactive Design

Each course is taught online in an interactive fashion that builds a dynamic collaborative learning environment.

Saybrook's Humanistic and Clinical Psychology programs prepare you to understand, critically analyze, and conduct psychological research and apply your findings to a variety of different fields.

## Virtual Course Learning Forum

Each course has a virtual online site that contains core materials and is the hub of instructor-student, student-student interaction.

## Residential Conferences

Students and instructors from the degree programs convene as an entire learning community at periodic five-day events, usually once or twice a year depending on the program.

## Global Coursework

Both the master's and doctoral programs prepare and empower students to develop their global perspective and cross-cultural skills to impact individuals, organizations, and communities around the world.

# Programs in Humanistic & Clinical Psychology

## M.A. Programs

- ⊗ M.A. Psychology
- ⊗ M.A. Psychology, Consciousness, Spirituality, and Integrative Health Specialization
- ⊗ M.A. Psychology, Creativity Studies Specialization
- ⊗ M.A. Psychology, Existential, Humanistic, and Transpersonal Psychology Specialization

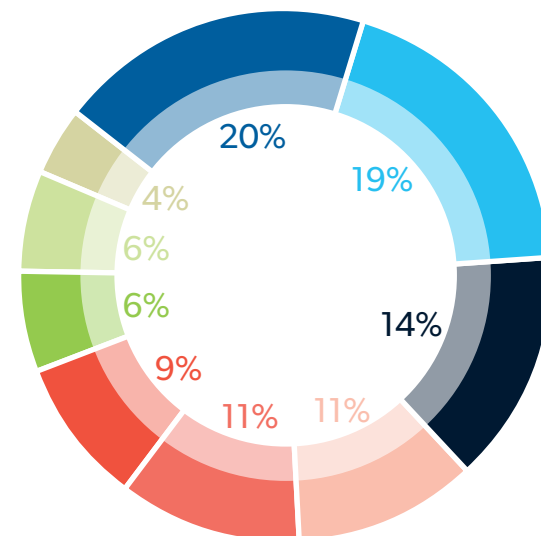
## Ph.D. Programs

- ⊗ Ph.D. Clinical Psychology
- ⊗ Ph.D. Psychology
- ⊗ Ph.D. Psychology, Consciousness, Spirituality, and Integrative Health Specialization
- ⊗ Ph.D. Psychology, Creativity Studies Specialization
- ⊗ Ph.D. Psychology, Existential, Humanistic, and Transpersonal Psychology Specialization
- ⊗ Ph.D. Psychology, Psychophysiology Specialization

## Professional Certificates

- ⊗ Complex Trauma and the Healing Process
- ⊗ Creativity Studies
- ⊗ Foundations in Existential-Humanistic Practice
- ⊗ Multiculturalism and Social Justice
- ⊗ Stress Management Education

# OUR ALUMNI HAVE CAREERS IN A WIDE VARIETY OF AREAS



\* Percentages are based on 2017 student and alumni data gathered from LinkedIn.com